

# SPRING VALLEY

# October 2018

## GRADES K-12 MENU

\* \* \* Menu may change \* \* \*

**BREAKFAST PRICES x's 21 DAYS**

Grades K-12: \$1.85/day or \$38.85/month  
 Reduced: \$0.30/day or \$6.30/month  
 Milk: \$0.40/day or \$8.40/month  
 Adult/Visitor \$2.70/day or \$56.70/month

**LUNCH PRICES x's 21 DAYS**

Grades K-5: \$2.60/day or \$54.60/month  
 Grades 6-12: \$2.90/day or \$60.90/month  
 Reduced: \$0.40/day or \$8.40/month  
 Milk: \$0.40/day or \$8.40/month  
 Adult/Visitor \$3.70/day or \$77.70/month

**Food Service Payments can be paid on-line.**

**Spring Valley Schools district home page, Family Access or On-line Payment buttons.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>BREAKFAST</b> Stuffed Hashbrown  <b>LUNCH ENTREES</b> -Baked Potato Diced Ham/Cheese Dinner Roll -Hot Dog <b>Sides</b> Broccoli Mixed Fruit	<b>2</b> <b>BREAKFAST</b> Breakfast Pizza  <b>LUNCH ENTREES</b> -Chicken Nuggets -Fish Sticks  <b>Sides</b> Sweet Potato Tots Carrots Applesauce	<b>3</b> <b>BREAKFAST</b> Pancake Bites  <b>LUNCH ENTREES</b> -Cheese or Pepperoni Round Pizza -Breaded Pork Chop  <b>Sides</b> Cauliflower Sliced Peaches	<b>4</b> <b>BREAKFAST</b> Bacon & Egg Scramble  <b>LUNCH ENTREES</b> -BBQ Rib -Brat  <b>Sides</b> Baked Beans Pasta Salad Craisins	<b>5</b> <b>BREAKFAST</b> Banana Bread & Smoothie <b>LUNCH ENTREES</b> -Quesadilla -Ravioli Breadstick  <b>Sides</b> Green Beans Pineapple Tidbits
<b>8</b>  NO SCHOOL	<b>9</b> <b>BREAKFAST</b> Breakfast Pizza  <b>LUNCH ENTREES</b> -Chicken Caesar Salad Breadstick -Hamburger  <b>Sides</b> Broccoli Mandarin Oranges	<b>10</b> <b>BREAKFAST</b> Pancake Bites  <b>LUNCH ENTREES</b> -Pizza Fries Marinara Sauce -Chicken Alfredo Breadstick  <b>Sides</b> Corn Sliced Pears	<b>11</b> <b>BREAKFAST</b> Bacon & Egg Scramble  <b>LUNCH ENTREES</b> -Cheeseburger -Hot Ham & Cheese Sandwich  <b>Sides</b> Curly Fries Green Beans Mixed Fruit	<b>12</b> <b>BREAKFAST</b> French Toast Bites & Yogurt <b>LUNCH ENTREES</b> -Deluxe Nacho's -Peanut Butter & Jelly Cheese Stick  <b>Sides</b> Refried Beans Tropical Fruit
<b>15</b> <b>BREAKFAST</b> Stuffed Hashbrown  <b>LUNCH ENTREES</b> -French Toast Sausage -Turkey & Cheese Wrap  <b>Sides</b> Hashbrown Rounds Juice Cup	<b>16</b> <b>BREAKFAST</b> Breakfast Pizza  <b>LUNCH ENTREES</b> -Soft Shell Taco -Pizza  <b>Sides</b> Refried Beans Spanish Rice Raisins	<b>17</b> <b>BREAKFAST</b> Pancake Bites  <b>LUNCH ENTREES</b> -Hamburger Gravy Over Mashed Potatoes -Fish Sandwich  <b>Sides</b> Corn Strawberry Cup	<b>18</b> <b>BREAKFAST</b> Bacon & Egg Scramble  <b>LUNCH ENTREES</b> -Orange Chicken Rice -Corndog  <b>Sides</b> Carrots Sliced Peaches	<b>19</b> <b>BREAKFAST</b> Banana Bread & Smoothie <b>LUNCH ENTREES</b> -Italian Dunkers Marinara Sauce -Breaded Chicken Patty  <b>Sides</b> Peas Mixed Fruit

\* \* \* This institution is an equal opportunity provider \* \* \*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>22</b> <b>BREAKFAST</b> Oatmeal Chocolate Chip Round <b>LUNCH ENTREES</b> -Salisbury Steak Bread -Fish Nuggets  <b>Sides</b> Mashed Potatoes/Gravy Fresh Spinach Sliced Peaches	<b>23</b> <b>BREAKFAST</b> Breakfast Pizza  <b>LUNCH ENTREES</b> -Popcorn Chicken -Eggroll  <b>Sides</b> Rice Pilaf Peas & Carrots Juice Cup	<b>24</b> <b>BREAKFAST</b> Pancake Bites  <b>LUNCH ENTREES</b> -Cardinal Burger -Pepperoni Pizza Rolls  <b>Sides</b> Tater Tots Baked Beans Sliced Pears	<b>25</b> <b>BREAKFAST</b> Bacon & Egg Scramble  <b>LUNCH ENTREES</b> -Chili Corn Chips -Hot Ham & Cheese Sandwich <b>Sides</b> Green Beans Pineapple Tidbits	<b>26</b>          NO SCHOOL
<b>29</b> <b>BREAKFAST</b> Stuffed Hashbrown <b>LUNCH ENTREES</b> -Mini Corn Dogs -Burrito  <b>Sides</b> Fresh Vegetables/Dip Warm Cinnamon Apple Slices	<b>30</b> <b>BREAKFAST</b> Breakfast Pizza <b>LUNCH ENTREES</b> -Pizza Calzone -Breaded Chicken Patty  <b>Sides</b> Peas Sliced Peaches	<b>31</b> <b>BREAKFAST</b> Pancake Bites <b>LUNCH ENTREES</b> -Spaghetti Garlic Bread -Pizza Crunchers Sauce <b>Sides</b> Green Beans Sliced Pears Orange Dream Frozen Yogurt	<b>1</b>	<b>2</b>

**K-12 BREAKFAST INCLUDES: Milk, juice & applesauce / ALTERNATIVE CHOICE: Cold cereal**  
**K-12 LUNCH INCLUDES: Fresh fruit, salad bar, and milk choice (1% white, white skim, and chocolate skim)**  
**K-12 LUNCH: All sandwiches are served with whole grain bun or bread**  
**6-12 LUNCH ALTERNATIVES: 3<sup>rd</sup> choice item will be posted daily**

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You will be receiving a phone call from the Spring Valley Food Service Department when your family lunch account balance reaches \$3.00. If we are unable to reach you or leave a message, a letter will be sent.

**If your account reaches a negative \$10.00 balance, NO more purchases will be allowed.**

You can access your family lunch account through the school web site @ [www.springvalley.k12.wi.us](http://www.springvalley.k12.wi.us). If you should have any questions concerning your family account, please contact Amy Fisher at 715-778-5551 ext. 5109.

**\* \* \* Mail payments to: School District of Spring Valley, Attn: Food Service, P.O. Box 249, Spring Valley, WI, 54767 \* \* \***

Breakfast is served daily at 7:45 am until the first bell rings.

## **Free and Reduced Breakfast/ Lunch Program:**



Remember a new application must be filled out every school year.

**All families are encouraged to fill out a free/reduced application. This helps our district in many areas, not just food service.**

Remember a new application must be filled out every school year. If there is a change in income or household size throughout the school year a new application can be filled out.

School Year 2017-2018 applications are now available on our school web-site and school offices.